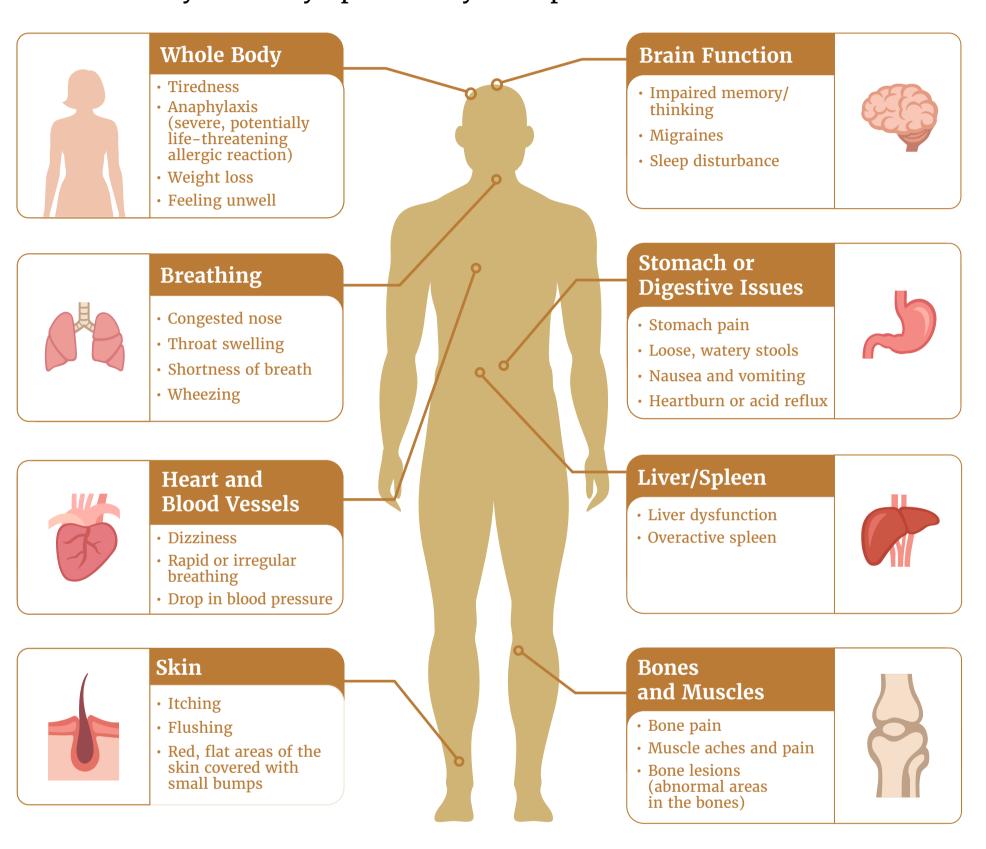
## Understanding the Symptoms of Systemic Mastocytosis (SM):

People with SM may experience symptoms that affect various parts of the body. These symptoms may be unpredictable or even severe.



## What triggers SM symptoms?

Certain aspects of everyday life may trigger SM symptoms. Triggers vary for each person, here are a few common triggers:



These symptoms may affect daily activities including the ability to work. Learning to recognise your triggers may help you avoid them when possible. Talk to your doctor to understand how symptoms of SM can be managed.

To gain a better understanding of SM, visit: www.navigatingSM.com

